

Breaktime Report

Date: 2021/07/13

Stratford Upon Avon School

Title	Ingredients
Bagel	Bagel: WHEAT flour, (Containing Calcium Carbonate E-170 0.36%, Iron 3.15%, Nicotinamide 0.0032 % and Thiamine 0.75%) Water, Sugar, Salt, Yeast, BARLEY Malt Flour Margarine: Ingredients Vegetable oils in varying proportions (55%) (rapeseed, palm, sunflower), water, salt (1.38%), BUTTERMILK (Milk), preservative (potassium sorbate), emulsifier (mono and diglycerides of fatty acids), acid (citric acid), flavourings, vitamins (A and D), colours (carotenes). Upfield is committed to sustainable palm oil. Margarine: Ingredients Vegetable oils in varying proportions (55%) (rapeseed, palm, sunflower), water, salt (1.38%), BUTTERMILK (Milk), preservative (potassium sorbate), emulsifier (mono and diglycerides of fatty acids), acid (citric acid), flavourings, vitamins (A and D), colours (carotenes). Upfield is committed to sustainable palm oil.
BBQ Rib Burger	Pork (85%), Water, Textured SOYA Protein, Sugar, Maltodextrin, Salt, Stabiliser (Triphosphates), Onion Powder, Garlic Powder, Smoke Flavouring, Yeast Extract, Spice, Antioxidants (Extracts of Rosemary), Sunflower Oil. Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Maize (3.5%), Palm Oil, Salt, SOYA Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl tartaric Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative: Calcium Propionate; Flour Treatment Agents: Ascorbic Acid, L-Cysteine Hydrochloride. For allergens (including cereals containing gluten), see ingredients in CAPITALS . BBQ Sauce: Water, Tomato Concentrate, Sugar, Modified Starch, Mango Puree, Acid: Acetic Acid, Salt, Colour(E150d), garlic Powder, Smoke Flavourings, Preservative:(Potassium Sorbate), Sweetener (sucralose)
Beef Burger	Burger: Beef 100%, Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Rusk, Salt, raising Agent, Soya Protein, Dried Onion, Spices, Flavour Enhancer, Preservative, Propylene Glycol, Antioxidant, Colour. Floured Bap: Wheat Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Sugar, Rapeseed Oil, Flour Treatment Agents (Ascorbic Acid, L Cysteine), Emulsifiers (Mono and Diglycerides of Fatty Acids, Mono and Diacetyl Tartaric Acid Esters of Mono and Diglycerides of Fatty Acids)
Bacon Bap	Wheat Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Sugar, Rapeseed Oil, Flour Treatment Agents (Ascorbic Acid, L Cysteine), Emulsifiers (Mono and Diglycerides of Fatty Acids, Mono and Diacetyl Tartaric Acid Esters of Mono and Diglycerides of Fatty Acids) Bacon rashers, back, grilled (18.6%) Pork (87%), Water, Salt, Preservative: E250, E252
Sausage Bap	Sausage: Pork(48%) Water, Rusk (Contains Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine) Raising Agent (Ammonium Concentrate), Pork Fat, Soya Protein Concentrate, Salt, Wheat Starch, Stabilisers (Di and Triphosphates), Flavour Enhancer, (Monosodium Glutamate), preservative (Sodium Sulphite (Sulphites), Flavourings, Sunflower Oil. Wheat Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Sugar, Rapeseed Oil, Flour Treatment Agents (Ascorbic Acid, L Cysteine), Emulsifiers (Mono and Diglycerides of Fatty Acids, Mono and Diacetyl Tartaric Acid Esters of Mono and Diglycerides of Fatty Acids)
Cheese On Toast	Cheddar Cheese (Milk) Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Water, Salt, Palm Oil, Yeast, Emulsifier E472e:flour treatment agent E300
Breaded Chicken Burger	Floured Bap: Wheat Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Sugar, Rapeseed Oil, Flour Treatment Agents (Ascorbic Acid, L Cysteine), Emulsifiers (Mono and Diglycerides of Fatty Acids, Mono and Diacetyl Tartaric Acid Esters of Mono and Diglycerides of Fatty Acids) Breaded Chicken burger: Chicken (56%), Water, Breadcrumbs (Fortified Wheat Flour, Yeast, Salt), Rapeseed Oil, Wheat Flour, Fortified Wheat Flour, Wheat Gluten, Salt, Paprika, Sunflower Oil, Flavourings. Fortified Wheat Flour contains: Wheat Flour, Calcium Carbonate, Iron, Thiamin, Niacin.

Title	Ingredients
Hot Dog	Sausage: Pork(48%) Water, Rusk (Contains Wheat Flour,Calcium Carbonate, Iron, Niacin, Thiamine) Raising Agent (Ammonium Concentrate), Pork Fat, Soya Protein Concentrate, Salt, Wheat Starch, Stabilisers (Di and Triphosphates), Flavour Enhancer, (Monosodium Glutamate), preservative (Sodium Sulphite (Sulphites), Flavourings, Sunflower Oil. Deli Rolls Americana: WHEAT Flour (with Calcium, Iron, Niacin and Thiamin), Water, WHEAT Semolina, Sugar, Yeast, Vegetable Oils (Palm and Rapeseed), Salt, Flavour Enhancer (E508), Emulsifiers (E471, E472e), Dextrose, Dried RYE (Cereals) Sourdough, Preservative (E282), Antioxidants (E300).
Sausage Roll	Sausage Roll: Water, WHEAT Flour, Pork (21%), Margarine [Palm Oil, Palm Fat, Water, Rapeseed Oil ,Salt, Emulsifier (E471), Acidity Regulator (E330), Lemon Juice], Rusk [WHEAT Flour, Water, Salt, Raising Agent (E503ii)], Glaze [Water, Modified Starch, Rapeseed Oil, MILK Proteins, Emulsifiers (SOYA Lecithin, E471), Acidity Regulator (E339iii), Colour (E160a)], Pork Fat, Lincolnshire Seasoning [WHEAT Flour, Salt, Lo Salt (Potassium Chloride, Salt), Spices (White Pepper, MUSTARD , Nut (Nuts)meg), Herbs (Sage, Marjoram, Thyme, Oregano), Dextrose, Preservative (Sodium SULPHITE), Emulsifier (E451i), Yeast Extract, Antioxidant, (E301), Spice & Herb Extracts (Bouquet Garni, Pepper, Sage, Ginger, Nut (Nuts)meg, Oregano)], Wheat Starch, Pea Starch, Salt, Rubbed Sage, Ground White Pepper.
Toast Buttered	Bloomer: WHEAT Flour [with added Calcium Carbonate, Iron, Niacin, Thiamin_], Water, Vegetable Oils [Rapeseed, Palm], Yeast, Salt, Dextrose, WHEAT Protein, Spirit Vinegar, Emulsifiers [E471, E472(e)], Palm Fat, Flour Treatment Agent (E300), WHEAT Flour. Nut (_Nuts) rients added by Law. For allergens including cereals containing gluten , see ingredients in CAPITALS. Margarine: Margarine: Ingredients Vegetable odiglycerides of fatty acids), acid (citric acid), flavourings, vitamins (A and D), colours (carotenes). Upfield is committed to sustainable palm oil.ils in varying proportions (55%) (rapeseed, palm, sunflower), water, salt (1.38%), BUTTERMILK (Milk**), preservative (potassium sorbate), emulsifier (mono and
Spicy Chicken Burger	Floured Bap: Wheat Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Sugar, Rapeseed Oil, Flour Treatment Agents (Ascorbic Acid, L Cysteine), Emulsifiers (Mono and Diglycerides of Fatty Acids, Mono and Diacetyl Tartaric Acid Esters of Mono and Diglycerides of Fatty Acids) Spicy Chicken Fillet: Chicken Breast (63%), Water, WHEAT Flour, Palm Oil, Modified Tapioca Starch, Cornflour, Salt, Black Pepper, WHEAT Gluten , Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Dextrose, Onion Powder, Chilli Powder, Garlic Powder, Colour (Paprika Extract), Chilli Extract, Sunflower Oil, White Pepper, Turmeric Extract.
Chicken Bites	Chicken Bites (33.03%) Chicken Breast (58%), WHEAT Flour, Corn Starch, Tapioca Starch, Water, Salt, Thickeners (Xanthan Gum & Guar Gum), Vegetable Shortening (Non-Hydrogenated Palm Oil), Sugar, Yeast, Raising Agent (E450i, E500ii), Modified Tapioca Starch (E1420, E1442).
Hash Brown Nuggets	Potatoes (85%), sunflower oil, palm oil, potato flakes, potato starch, salt, stabiliser E461, pepper extract, dextrose.
Lattice Fries	Potatoes (77%), Coating (12%) [WHEAT flour, Salt, Modified Starch, Garlic powder, Spices, Raising agents (E450/E500), Onion powder, Yeast extract, Natural black pepper flavouring, Spice extract], Sunflower Oil (11%)
Spicy Spirals	Potatoes, vegetable oil, salt.
Stealth Fries	Potatoes (86%), Coating (7%) [Modified starch (E1412), Rice flour, Starch, Salt, Raising agents (E450/E500), Dextrose, Thickener (E415), Spice extract], Sunflower oil (7%).
Mozzarella Sticks	Mozzarella (Milk) Cheese (Milk) (MILK) 51% (40% FDM, Rennet From Microbiological Origin), WHEAT flour, Sunflower Oil, Starches (WHEAT , Potato), Modified Starch, Water, Cream (MILK), Maize Flour, Salt, Whole EGG Powder, MILK Protein, Spices, Stabilizer (E461), WHEAT protein, Yeast, Raising agents (E450, E500), Parsley, Spice Extracts.

Title	Ingredients
Cheesos	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Monterey Jack Cheese (Milk) (MILK) (15%), Mild Coloured Cheddar (Milk) (MILK) (15%) (Colour: Annatto), Red Onion, SOYA Flour, Potato Starch, WHEAT Starch, Salt, Stabiliser: Methyl Cellulose; Raising Agents: Diphosphates, Sodium Carbonates; Yeast, Dried Parsley, Emulsifier: Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids; Flour Treatment Agent: Ascorbic Acid.
Pain Au Choc	WHEAT flour, water, butter (Milk) (MILK) (16%), chocolate (sugar, cocoa paste, cocoa butter (Milk), emulsifier (E322(SOYA)), flavouring) (9%), yeast, sugar, EGGS , salt, gluten (WHEAT), flour treatment agent (ascorbic acid).
Waffle	WHEAT flour, margarine (palm fat, coconut (Nuts) fat, water, rapeseed oil, emulsifier: mono-and diglycerides of fatty acids), sugar, water, EGGS , invert sugar, yeast, SOYA flour, salt, emulsifier(SOYA lecithin), flavouring (vanillin).
Croissant	Pastry: WHEAT Flour (WHEAT Gluten , Flour Treatment Agent (Ascorbic Acid E300)), Butter (Milk) (MILK) (20.5%), Water, Yeast, Sugar, Salt, Baking Improver (WHEAT Gluten , WHEAT Flour, Flour Treatment Agent (Ascorbic Acid E300)), EGG . Glaze: EGG White (Egg).
Steak Slice	Water, WHEAT Flour (Contains Calcium carbonate, Iron, Niacin, Thiamin), Margarine [Palm Oil, Palm Stearin, Water, Salt, Rapeseed Oil, Emulsifier (E471), Acidity Regulator (E330), Lemon Juice concentrate], Beef (20%), Glaze [Water, Modified Starch (Potato, Tapioca), Rapeseed Oil, MILK Proteins, Emulsifiers (SOYA Lecithin, E471), Acidity Regulator (E339iii), Colour (E160a)], Modified Maize Starch, Salt, Emulsifier (E464), Malt Extract (BARLEY), Caramelised Sugar, White Pepper.
Nachos Pot Vegetarian	Salsa: Chopped Tomatoes, Water, Diced Onion, Spirit Vinegar, Tomato Paste, Diced Red Pepper, Sugar, Modified Maize Starch, Salt, Garlic Puree, Chilli Powder (Cayenne, Paprika, Cumin, Salt, Garlic Powder, Oregano, Rapeseed Oil), Cumin, Oregano, Black Pepper. Tortilla Chips: Maize Flour, Sunflower Oil, Salt, Calcium Hydroxide, Citric Acid, Sodium Hexacyanoferrate II. Grated cheese (Milk): Cheese Grated (Milk): Milk , anti caking agents potato starch
Pizza Vegetarian Fresh	Pizza Puck: Wheatflour (Wheat) with added calcium, iron, niacin, thiamin, yeast, salt, sugar, vegetable rapeseed oil, emulsifier E472e, flour improver E300 Pizza Sauce: Tomatoes(98%), Salt, Sunflower Oil, Sugar, Herbs And Spices, Garlic, acidity regulator:E330 Grated Cheese (Milk): mozzarella (Milk) Cheese (Milk), Milk , Anticaking Agent: Cellulose, suitable for vegetarians,
Pizza Pepperoni Fresh	Pizza Puck Small: Wheatflour (Wheat) with added calcium, iron, niacin, thiamin, yeast, salt, sugar, vegetable rapeseed oil, emulsifier E472e, flour improver E300 Pizza Sauce: Tomatoes(98%), Salt, Sunflower Oil, Sugar, Herbs And Spices, Garlic, acidity regulator:E330 pizza Grated Cheese (Milk): mozzarella (Milk) Cheese (Milk), Milk , Anticaking Agent: Cellulose, suitable for vegeta Pepperoni: Pork, pork fat, salt, dextrose, spices, spice extracts, pork rind, antioxidant (E 301, E302), garlic powder, herbs, starter culture, preservative (E 250), acidity regulator (E 330). Made with 122 g pork per 100 g finished product.